



Central School Lunches

May 2017

This institution is an equal opportunity provider.
 Esta institucion es un que ofrece igualdad de oportunidades



Mon	Tue	Wed	Thu	Fri
1 All White Meat Dino Nuggets Or Alternate Meal Fruit & Vegetable Milk	2 Hot Dog on a Bun Baked Beans Tater Tots Or Alternate Meal Fruit & Vegetable	3 Italian or Turkey Sub Or Alternate Meal Fruit & Vegetable Milk	4 Pancakes Sausage Link & Or Alternate Meal Fruit & Vegetable Milk	5 French Bread Pizza Or Alternate Meal Fruit & Vegetable Milk
8 Chicken Patty Sandwich Or Alternate Meal Fruit/Vegetable Milk	9 Mozzarella Sticks w/ Tomato Sauce Or Alternate Meal Fruit & Vegetable Milk Little Knights Store	10 Mini Meatballs in Tomato Sauce w/ Garlic Bread Or Alternate Meal Fruit & Vegetable Milk	11 French Toast Sticks Sausage Link Or Alternate Meal Fruit & Vegetable Milk	12 Domino's Pizza Or Alternate Meal Fruit & Vegetable Milk
15 All White Meat Dino Nuggets Or Alternate Meal Fruit & Vegetable Milk	16 Mac & Cheese Or Alternate Meal Fruit & Vegetable Milk	17 Italian or Turkey Sub Or Alternate Meal Fruit & Vegetable Milk	18 Waffles Sausage Link Or Alternate Meal Fruit & Vegetable Milk	19 Pizza Sticks w/ Tomato Sauce Or Alternate Meal Fruit & Vegetable Milk
22 Chicken Patty Sandwich Or Alternate Meal Fruit/Vegetable Milk	23 Mozzarella Sticks w/ Tomato Sauce Or Alternate Meal Fruit & Vegetable Milk	24 French Toast Sticks Sausage Link Or Alternate Meal Fruit & Vegetable Milk	25 Domino's Pizza Or Alternate Meal Fruit & Vegetable Milk	26 SCHOOL IS CLOSED
29 SCHOOL IS CLOSED	30 All White Meat Dino Nuggets Or Alternate Meal Fruit & Vegetable Milk	31 Hot Dog on a Bun Baked Beans Tater Tots Or Alternate Meal Fruit & Vegetable		

- COMPLETE MEAL - \$3.00**
 A complete Meal consists of:
- 1/2 Pint of Milk
 - Choice of : Skim, 1% White, Skim Chocolate or Strawberry
 - Protein—Meat or Meat Alternate
 - Fresh Tossed Salad, Hot Vegetable, Raw Vegetable or 3 Bean Salad
 - Fresh Fruit, Fruit Cup or Fruit Juice
 - Whole Grain Bread or Grain Equivalent

All Students must take a Fruit and/or Vegetable with their meal.

- Alternate Meal Choice:
Peanut Butter & Grape Jelly Sandwich
NEW—Peanut Butter & Strawberry Jelly Sandwich
 Chicken Caesar Salad
 Turkey or Ham & Cheese Wrap
 Turkey, Ham or Pizza
 Lunch Box
 WG Bagel w/ Cheese Sticks or Yogurt

- Available Everyday
 Snack Items - 35 to \$ 1.00
 Lo Fat Ice Cream or Frozen Yogurt
 60 cents - \$ 1.00
 Water or Fruit Juice - 60 cents
 Yogurt-75 cents

Any questions or concerns:
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